

WHILE YOU'RE SLEEPING

By: Lindsey Pearson

While you're sleeping, I am your eyes,
Pre-checking instruments, sutures, and ties.
Positive identification; everything must match,
Your chart, consent, & armband – it's the catch!
Always monitoring the flow in the suite,
Ensuring sterility, dignity, & confidentiality is complete.

While you're sleeping, I am your ears,
We have discussed your hopes, dreams, & fears.
We perform a time out, where safety is checked,
So we're all on the same page, and know what to expect.
Confirming pathology; we ask a lot of questions – it's true!
But it's so important to your care, and providing answers for you.

While you're sleeping, I am your hands,
Knowing your history, and how that shoulder doesn't extend.
Always with compassion, treating you as my own,
Knowing someday, they may need the same shown.
An extra warm blanket, I've given out a few,
Because it's all those little extras, that make a difference for you.

While you're sleeping, I am your voice,
Consistent education; for you, there's always a choice.
Reminding the team of allergies, antibiotics, & local,
Because as Nurses in the OR, we need to be vocal.
Difficult conversations, advocating what's best for you,
Making this as easy as possible, is what we are proud to do.