



**TIDES OF CHANGE, OCEANS OF PERIOPERATIVE EXCELLENCE**  
**VAGUES DE CHANGEMENT, Océans d'EXCELLENCE EN SOINS PÉRIOPÉRATOIRES**

26<sup>TH</sup> ORNAC NATIONAL CONFERENCE | 26<sup>E</sup> CONFÉRENCE NATIONALE DE L'AII SOC  
 HALIFAX CONVENTION CENTRE | CENTRE DES CONGRÈS DE HALIFAX

APRIL 26 - 30, 2019 | 26 AU 30 AVRIL 2019 | HALIFAX, NS

## Yesterday's presentations

There were many great speakers yesterday who gave us lots to think about both with respect to work and our lives. One such speaker was plenary presenter David Garner. His life's early tragedies and the lessons imparted to him by his mother shaped the way he would cope with circumstances for the rest of his life. He told us, "In times of stress, remind yourself what you're capable of." He has offered, as a gift to all 2019 ORNAC National Conference attendees, free access to "The Meaning of Grief E-course". Email David at [david@peak.ca](mailto:david@peak.ca) for access. Also visit the website [www.nadirexperiences.ca](http://www.nadirexperiences.ca).

## Member Appreciation Night

ORNAC members felt truly appreciated last night as all were treated to great beverages, good food, and real Maritime hospitality at Keith's Brewery. Live music and song set the atmosphere as members toured the facility and sampled its wares. It was a wonderful way to experience Halifax for one last evening.

## Evaluations

Remember to complete all session evaluations (you attended) and the overall conference survey. What did you like, what would have done differently, what would you like to see included in future conferences? Are there other speakers that you would have liked to have heard? Let us know now to help prepare for the 27th National Conference.

See you in Victoria, April 30-May 4, 2021!



## Today at a Glance

- 0915** Concurrent Session H
- 1030** Concurrent Session I
- 1230** Concurrent Session J
- 1345** Keynote: This World be Funny if it Wasn't Happening to Me!
- 1500** Closing Ceremony  
2021 Conference Launch

## Honoring Muriel

During our Closing Ceremony we would like to take a moment to honor Muriel Shewchuk, ORNAC co-founder. She excelled at everything she did; was a treasure to all and is greatly missed.

## This Conference By Numbers!

Associate.....	8
Exhibitor.....	207
Member.....	423
Non-Member.....	76
Other.....	12
Speaker.....	23
Student.....	3

## Congratulations

Congratulations, once again, to the winner of the Humboldt quilt, Angela Wylie!

## Get Connected!



WIFI password:  
ornac2019